



OGRANIČENI PLESNI PROGRAM POČETNI NIVO

Solo, duo i plesni parovi Školske lige (P razred)
Solo, duo i plesni parovi Prve lige (D1, D2 i D3 razred)
Školske LA i ST grupe i formacije
Sinhronizovane LA i ST grupe i formacije
Takmičarske basic LA i ST grupe i formacije

Popis literature:

- WDSF Syllabus, Samba, Bronze figures
- WDSF Syllabus, Cha Cha Cha, Bronze figures
- WDSF Syllabus, Rumba, Bronze figures
- WDSF Syllabus, Paso Doble, Bronze figures
- WDSF Syllabus, Jive, Bronze figures
- WDSF Syllabus, Waltz, Bronze figures
- WDSF Syllabus, Tango, Bronze figures
- WDSF Syllabus, Viennese Waltz, Bronze figures
- WDSF Syllabus, Slow Fox, Bronze figures
- WDSF Syllabus, Quick Step, Bronze figures

**Spisak plesnih figura po plesovima:
LATINO-AMERIČKI PLESOVI**

SAMBA	
1	Natural basic movement
2	Reverse basic movement
3	Progressive basic movement
4	Side basic movement to left
5	Side basic movement to right
6	Outside basic
7	Samba whisk to left
8	Samba whisk to right
9	Stationary samba walks
10	Promenade samba walks
11	Side samba walk
12	Reverse turn
13	Promenade to counter promenade botafogos
14	Side samba chasse
15	Travelling botafogo forward
16	Travelling botafogo backward to pp
17	Criss cross botafogo
18	Criss cross volta to right
19	Criss cross volta to left
20	Travelling volta to right
21	Travelling volta to left
22	Underarm turning right
23	Underarm turning left

CHA CHA CHA	
1	Time step
2	Close basic movement
3	Open basic movement
4	New york to right
5	New york to left
6	Hand to hand to right
7	Hand to hand to left
8	Spot turn to right
9	Spot turn to left
10	Underarm turn turning right
11	Underarm turn turning left
12	Three cha cha chas to right
13	Three cha cha chas to left
14	Shoulder to shoulder
15	Aida
16	Fan
17	Open hip twist
18	Open hip twist to chasse
19	Close hip twist
20	Close hip twist to chasse
21	Hockey stick
22	Hockey stick to chasse

RUMBA

1	Close basic movement
2	Open basic movement
3	New york to right
4	New york to left
5	Hand to hand to right
6	Hand to hand to left
7	Spot turn to right
8	Spot turn to left
9	Underarm turn turning right
10	Underarm turn turning left
11	Side walks and cucarachas
12	Fan
13	Open hip twist
14	Open hip twist finished to side
15	Hockey stick
16	Hockey stick finished to side
17	Opening out
18	Shoulder to shoulder

PASO DOBLE

1	Basic movement
2	Sur place
3	Chasses to right
4	Drag
5	Chasses to left
6	Attack
7	Huit
8	Separation
9	Natural twist turn
10	Promenade
11	Closed promenade
12	Promenade link
13	Sixteen

JIVE

1	Basic in place
2	Basic in fallaway
3	Change of place from right to left
4	Change of place from left to right
5	American spin
6	Change of place behind the back
7	Link
8	Whip
9	Promenade walks – slow
10	Promenade walks – quick

STANDARDNI PLESOVI

ENGLISKI VALCER (WALTZ)	
1	Closed change on right foot
2	Closed change on left foot
3	Natural turn
4	Reverse turn
5	Progressive chasse to right
6	Whisk
7	Back whisk
8	Outside change
9	Basic weave
10	Chasse from pp
11	Backward locks
12	Open natural turn

TANGO	
1	Tap – alternative entries to pp
2	Progressive side step
3	Brush tap
4	Progressive link
5	Closed promenade
6	Open promenade
7	Back corte
8	Basic reverse turn
9	Open reverse turn
10	Rock on left foot
11	Rock on right foot
12	Natural rock turn
13	Natural twist turn from pp
14	Natural turn from pp

VIENNESE WALTZ (BEČKI VALCER)	
1	Natural turn
2	Reverse turn
3	Rf forward change step natural to reverse
4	Lf forward change step reverse to natural
5	Lf backward change step natural to reverse
6	Rf backward change step reverse to natural
7	Chasse change step

SLOW FOX

1	Feather step
2	Three step
3	Feather finish
4	Feather ending
5	Hover feather
6	Natural turn
7	Reverse turn
8	Basic weave
9	Natural weave
10	Change of direction
11	Heel pull finish
12	Whisk
13	Back whisk
14	Open natural turn

QUICK STEP

1	Basic movement – quarter turn and progressive chasse
2	Natural turn
3	Reverse turn
4	Progressive chasse to right
5	Progressive chasse to left
6	Cross chasse
7	Quarter turn to right
8	Quarter turn to left
9	Outside change
10	Natural pivot
11	Running finish
12	Backward lock
13	Forward lock
14	Open natural turn